

WHAT IS HCG?

Human Chorionic Gonadotropin (HCG) is a hormone produced by the placenta during pregnancy. This hormone enables a pregnant woman to nourish her baby even when food is scarce.

The original studies were developed by Dr. A.T. Simeons in Europe during the early 1950's. He discovered that daily injections of HCG, combined with a 500 calorie diet promotes rapid weight loss by removing excess stored fat and restoring a normal metabolism through the hypothalamus. In addition to the HCG, an appetite suppressant (Phentermine), will be provided to help you comply with the 500 calorie diet.

This diet is supervised by a physician and our support staff.

Open your door to a lifetime of success!



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*To Make an
Appointment Today,
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HCG

HEALTH & WELLNESS

DIET PROGRAM

Dr. Carr's

HCG

HEALTH & WELLNESS
DIET PROGRAM



Defeat Obesity...

Forever!

ARE YOU
OVERWEIGHT & FRUSTRATED?

IS IT HARD FOR YOU TO
STAY MOTIVATED?

THIS PROGRAM WAS
DESIGNED FOR YOU!

- Proven to work.
- Amazing results
- Keep weight off
- Fast, effective weight loss

Just GO for it!

*The only thing you have to
lose is the weight!*



Get Started Immediately!

Stage 1— The first two days you need to eat as much fat as possible. This is the "fat loading period" and ensures that you won't get hungry during the rest of the diet.

Stage 2 — This stage starts 3 days after your last injection. Eat whatever you want except starches or sugars. Enjoy protein-rich foods as well as fresh fruits and vegetables. This protein will ensure you maintain your weight loss.

Stage 3— Learning to maintain your new weight through education and support.

WHAT IS ABNORMAL FAT?

The body maintains 3 kinds of FAT:

- Structural Fat: This fat fills the gaps between your organs and does not produce obesity.
- Normal Fat: The normal fuel of the body.
- Abnormal Fat: The "bad fat" which accumulates in hips, buttocks, arms, stomach, face, etc.

HCG assists in breaking down hard to lose "bad fat".

LOSING FAT WITH HCG

Average weight loss is 1 pound per day.

- 23 injections is approximately 15-20 pounds.
- 40 injections is approximately 30-40 pounds.

If additional weight loss is needed, wait 6 weeks and you may repeat another round.